



# Living with Grief

Bereavement Support for  
Individuals & Families



## ~~~ Summer 2018 Schedule ~~~

### Wolfeboro

Tuesdays – 7 weeks  
June 19 – July 31  
2:00 – 3:30p

### GRIEF SUPPORT GROUP for adults

A discussion group for adults who have lost a loved one at any age to any circumstance. Offers a weekly space to connect, learn about common grief experiences, discuss ways of coping with loss, and gain support of others in a safe, caring environment. Please call to register and for details and location.

### Wolfeboro

4<sup>th</sup> Tuesday of month  
starting June 26  
6:00 – 7:30p  
First Congregational  
Church, 115 S. Main

### PARENT CIRCLE for parents grieving a child

Grief support for parents who have lost children at any age to any circumstance. All are welcome. Non-religious. We encourage you to come as individuals or together. Co-facilitated by Dan Kusch (contact info below) and the Rev. Gina Finocchiaro (First Congregational Church, UCC, 569-1555, [revginaf@gmail.com](mailto:revginaf@gmail.com)). Please be in touch with one of them to register or for more information.

### Laconia

Thursdays ~ 7 weeks  
June 21 – August 2  
4:00 – 5:30p

### GRIEF SUPPORT GROUP for adults

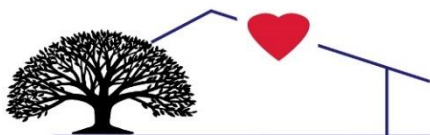
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### Laconia

Thursday, June 28  
6:00 – 8:00p  
Thursday, July 26  
6:00 – 8:00p  
come to one or both!

### EXPRESSIVE ARTS STUDIO for all ages & families

Offers individuals and/or families of all ages an opportunity to explore grief and celebrate loved ones through creative expression. Guided by local artists. Activities have included pottery, music, hand-made books, creative writing, jewelry-making, painting, and more. All are welcome. Materials provided. Youth under 18 must be accompanied by an adult. Please call to register and for details and location.



Central New Hampshire  
VNA & Hospice  
780 N Main Street  
Laconia, NH 03246

We are glad to offer bereavement support as a service to our hospice families and to our whole community. Please contact Dan to register or for more information.

Dan Kusch, Bereavement Care Coordinator  
524-8444, [dkusch@centralvna.org](mailto:dkusch@centralvna.org)

